

## **Anxiety and Depression - Part 2**

***Theme of the Series: Identity, Intimacy & Authority***

**Today: In the game of life who are all of the players and what is the environment of the arena of life.**

Our Goal: Do not be **anxious** about anything...“I came that they may have life and have it abundantly” - **Jesus**

1John 4:4 Little children, you are from God and have overcome them, for **he who is in you is greater than he who is in the world.**

### **Review:**

2Corinthians 1:20 For **all the promises of God find their Yes in him** (Jesus Christ). That is why it is through him that we utter our Amen to God for his glory.

2Peter 1:3 His divine power has **granted to us all things that pertain to life and godliness**, through the **knowledge of him** who called us to his own glory and excellence,

Psalms 34:18 The **LORD is near** to the **brokenhearted** and saves the **crushed in spirit.**

The causes of **Anxiety** and **Depression** are varied and complex:

Genetic predispositions, Chemical imbalance,

Grief, Loss

Excess Stress, Trauma

Abuse, Loneliness

Lifestyle factors, Thinking patterns

Inability to predict or control the future

Identity issues (believing lies instead of the truth)

Hopelessness

Sin

Demonic

All the above...

*The emphasis in Scripture is on the overall unity of man - body and soul. The material part of man (physical body) and the immaterial part of man (soul) are inseparable and function together as one, until the two are separated by death.*

*Anxiety and depression originated in the Fall, when sin entered the world, resulting in spiritual death, physical death, exile, fear and shame.*

**Today's Focus:** In the game of life who are all of the players and what is the environment of the arena of life.

Colossians 1:16 For by him **all things were created**, in **heaven** and on **earth**, **visible** and **invisible**, whether **thrones** or **dominions** or **rulers** or **authorities**—**all things were created through him and for him.**

**Angels** (messengers): *Angels are created, spiritual beings with moral judgement and high intelligence, but without physical bodies.*

Acts 23:8 For the **Sadducees** say that there is **no resurrection, nor angel, nor spirit**, but the **Pharisees** acknowledge them all.

Nehemiah 9:6 “You are the LORD, you alone. You have made **heaven, the heaven of heavens**, with **all their host** (*army, host, divisions of an army*), the earth and all that is on it, the seas and all that is in them; and you preserve all of them; and the **host of heaven worships you.**

Psalms 148:2 Praise him, all his angels; praise him, all his hosts!

Psalms 148:5 Let **them** praise the name of the LORD! **For he commanded and they were created.**

Joshua 5:13 When Joshua was by Jericho, he lifted up his eyes and looked, and behold, a man was standing before him with his drawn sword in his hand. And Joshua went to him and said to him, “Are you for us, or for our adversaries?”

Joshua 5:14 And he said, “No; but I am the **commander of the army (host) of the LORD**. Now I have come.” And Joshua fell on his face to the earth and worshiped and said to him, “What does my lord say to his servant?”

### **How many angels are there?**

Hebrews 12:22 But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to **innumerable angels** in festal gathering,

Revelation 5:11 Then I looked, and I heard around the throne and the living creatures and the elders the voice of **many angels, numbering myriads of myriads and thousands of thousands**,

### **Angels are spiritual beings without physical bodies:**

Hebrews 1:14 Are they not all **ministering spirits** sent out **to serve for the sake of those who are to inherit salvation**?

Luke 24:39 See my hands and my feet, that it is I myself. Touch me, and see. **For a spirit does not have flesh and bones as you see that I have.**”

2Kings 6:14 So he sent there horses and chariots and a great army, and they came by night and surrounded the city.

2Kings 6:15 When the servant of the man of God rose early in the morning and went out, behold, **an army with horses and chariots was all around the city**. And the servant said, “**Alas, my master! What shall we do?**”

2Kings 6:16 He said, “**Do not be afraid, for those who are with us are more than those who are with them.**”

2Kings 6:17 Then Elisha prayed and said, “**O LORD, please open his eyes that he may see.**” So the LORD opened the eyes of the young man, and **he saw, and behold, the mountain was full of horses and chariots of fire all around Elisha.**

### **From time to time they take on human form:**

Matthew 28:5 But the angel said to the women, “**Do not be afraid, for I know that you seek Jesus who was crucified.**”

Hebrews 13:2 Do not neglect to show hospitality to strangers, for thereby some have **entertained angels unawares.**

**Other names for angels:** sons of God, holy ones and watchers.

**Other heavenly beings:** Cherubim, Seraphim and The living creatures

**Angels have rank and order / Michael and Gabriel:**

Revelation 12:7 Now war arose in heaven, **Michael and his angels fighting against the dragon.** And the **dragon and his angels fought back,**

Revelation 12:8 but **he was defeated,** and there was no longer any place for them in heaven.

Daniel 8:16 And I heard a man's voice between the banks of the Ulai, and it called, "**Gabriel**, make this man understand the vision."

Luke 1:19 And the angel answered him, "**I am Gabriel. I stand in the presence of God,** and I was sent to speak to you and to bring you this good news.

Luke 1:26 In the sixth month the **angel Gabriel** was sent from God to a city of Galilee named Nazareth,

Luke 1:27 to a virgin betrothed to a man whose name was Joseph, of the house of David. And the virgin's name was Mary.

**When were angels created?**

Genesis 2:1 Thus the heavens and the earth were finished, and **all the host of them.**

Exodus 20:11 For in six days the LORD made **heaven and earth, the sea, and all that is in them,** and rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

### **What is their role and purpose?**

Hebrews 1:14 Are they not all **ministering spirits sent out to serve for the sake of those who are to inherit salvation?**

Psalms 148:2 **Praise him**, all his angels; **praise him**, all his hosts!

Daniel 6:22 My God **sent his angel and shut the lions' mouths**, and they have not harmed me, because I was found blameless before him; and also before you, O king, I have done no harm.”

Acts 5:19 But during the night an **angel of the Lord opened the prison doors** and brought them out, and said,

Matthew 4:11 Then the devil left him, and behold, **angels came and were ministering to him.**

**Caution:** Angels are not to be worshiped. Worship the one who created the angels.

Revelation 19:10 Then I fell down at his feet to worship him, **but he said to me, “You must not do that! I am a fellow servant with you and your brothers who hold to the testimony of Jesus. Worship God.”** For the testimony of Jesus is the spirit of prophecy.

### **Demons and Satan:**

Demons are evil angels who sinned against God and who now are continually work evil in the world.

### **Origin of demons:**

Genesis 1:31 And God saw everything that he had made, and behold, **it was very good**. And there was evening and there was morning, the sixth day.

Genesis 3:1 **Now the serpent** was more crafty than any other beast of the field that the LORD God had made. He said to the woman, “Did God actually say, ‘You shall not eat of any tree in the garden’?”

Isaiah 14:12 “How you are **fallen from heaven**, O Day Star, son of Dawn! How you are cut down to the ground, you who laid the nations low!

Isaiah 14:13 You said in your heart, ‘I will ascend to heaven; above the stars of God I will set my throne on high; I will sit on the mount of assembly in the far reaches of the north;

Isaiah 14:14 I will ascend above the heights of the clouds; **I will make myself like the Most High.**’

Isaiah 14:15 But you are brought down to Sheol, to the far reaches of the pit.

Revelation 12:3 And another sign appeared in heaven: behold, a great red dragon, with seven heads and ten horns, and on his heads seven diadems.

Revelation 12:4 His tail swept down a third of the stars of heaven and cast them to the earth. And the dragon stood before the woman who was about to give birth, so that when she bore her child he might devour it.

### **Our Adversary:**

Zechariah 3:1 Then he showed me Joshua the high priest standing before the angel of the LORD, and **Satan standing at his right hand to accuse him.**

Matthew 13:39 and **the enemy** who sowed them is the **devil**. The harvest is the end of the age, and the reapers are angels.

John 10:10 **The thief comes only to steal and kill and destroy.**

Revelation 12:9 And the **great dragon** was thrown down, that **ancient serpent**, who is called the **devil** and **Satan**, the **deceiver of the whole world**—he was thrown down to the earth, and his angels were thrown down with him.

2Corinthians 11:3 But I am afraid that as the **serpent deceived Eve by his cunning**, **your thoughts will be led astray** from a sincere and pure devotion to Christ.

John 14:30 I will no longer talk much with you, for the **ruler of this world** is coming. **He has no claim on me,**

Ephesians 2:2 in which you once walked, following the **course of this world**, following the **prince of the power of the air**, the **spirit** that is now at work in the sons of disobedience —

Matthew 13:19 When anyone hears the word of the kingdom and does not understand it, the **evil one comes and snatches away what has been sown in his heart**. This is what was sown along the path.

2Corinthians 4:4 In their case the **god of this world** has **blinded the minds** of the **unbelievers**, to keep them from seeing the light of the gospel of the glory of Christ, who is the image of God.

John 8:44 You are of your father the devil, and your will is to do your father's desires. **He was a murderer from the beginning**, and **does not stand in the truth**, because **there is no truth in him**. When he lies, he speaks out of his own character, for **he is a liar and the father of lies**.

Genesis 2:17 but of the tree of the knowledge of good and evil you shall not **eat**, **for in the day that you eat of it you shall surely die.**"

Genesis 3:4 But the serpent said to the woman, **"You will not surely die.**

Galatians 4:8 Formerly, **when you did not know God**, you were **enslaved to those that by nature are not gods**.

**Satan is our adversary but he is a created being  
that is not even close to being a threat to God and his purposes.**

Isaiah 46:9 remember the former things of old; for **I am God, and there is no other; I am God, and there is none like me**,

Isaiah 46:10 declaring the end from the beginning and from ancient times things not yet done, saying, 'My counsel shall stand, and **I will accomplish all my purpose**,'

Ephesians 1:16 I do not cease to give thanks for you, remembering you in my prayers,

Ephesians 1:17 that the **God of our Lord Jesus Christ**, the **Father of glory**, may **give you the Spirit of wisdom** and of **revelation in the knowledge of him**,

Ephesians 1:18 having the **eyes of your hearts enlightened**, that **you may know what is the hope to which he has called you**, what are the riches of his glorious inheritance in the saints,

Ephesians 1:19 and what is **the immeasurable greatness of his power toward us who believe**, according to the working of **his great might**

Ephesians 1:20 that **he worked in Christ** when he raised him from the dead and **seated him at his right hand in the heavenly places**,

Ephesians 1:21 **far above all rule and authority and power and dominion**, and **above every name that is named, not only in this age but also in the one to come**.

Ephesians 1:22 And **he put all things under his feet** and **gave him as head over all things to the church**,

Ephesians 1:23 **which is his body**, the fullness of him who fills all in all.

James 4:7 **Submit** yourselves therefore to God. **Resist** the devil, and **he will flee from you**.

Hebrews 2:14 Since therefore the children share in flesh and blood, he (Jesus) himself likewise partook of the same things, that through death he might **destroy** (*render powerless*) the one who has the power of death, that is, the **devil**,

Colossians 2:13 And you, who were dead in your trespasses and the uncircumcision of your flesh, **God made alive together with him, having forgiven us all our trespasses**,



Colossians 2:14 by **canceling the record of debt** that stood against us with its **legal demands**. This he set aside, nailing it to the cross.

Colossians 2:15 **He disarmed the rulers and authorities** and put them to open shame, **by triumphing over them in him**.

Romans 8:1 There is therefore now **no condemnation for those who are in Christ Jesus**.

**God's Amazing grace towards us:**

2Peter 2:4 For if **God did not spare angels when they sinned**, but **cast them into hell** and committed them to chains of gloomy darkness to be kept until the judgment;

Romans 3:10 as it is written: “None is righteous, no, not one;

Romans 3:11 no one understands; no one seeks for God.

Romans 3:12 All have turned aside; together they have become worthless; no one does good, not even one.”

Romans 3:23 for all have sinned and fall short of the glory of God,

Romans 3:24 and are **justified by his grace** as a gift, through the **redemption that is in Christ Jesus**,

Ephesians 2:5 even when we were dead in our trespasses, **made us alive** together with Christ—**by grace** you have been **saved**—

Ephesians 2:8 For **by grace** you have been **saved** through faith. And this is not your own doing; it is the gift of God,

**Next Week:** The battlefield is our mind and our heart.

Because of my union with You Jesus, at Your cross  
and Your death, when You died  
**[You did not die for Your sins, for You were without sin],**  
You died for **my sins** and **I died with You** to **my sins**,  
to my Adamic nature, to my flesh, to this world,  
to the evil one and his kingdom.

I have been **delivered from the domain of darkness**, and **transferred to Your kingdom;**

I have been **set free from sin.**

I am no longer in the flesh but in the Spirit,  
due to Your finished work on the cross.

Because I am **in Christ Jesus**,  
there is now no condemnation for me.  
Every claim being made against me is **cancelled**  
and as a result **all of my accusers have been disarmed.**

**Jesus, You took on flesh and blood,**  
and **through Your death** You **destroyed** (*rendered powerless*)  
the one who has the **power of death**, that is, **the devil.**

Jesus, death has no power over You, nor does any foul thing.  
And I have been **raised with You** to a new life.  
Therefore, death has no power over me, nor does any foul thing.

Who shall bring any charge against God's elect?

**It is God who justifies.**

Therefore, since I have been **justified** by faith,

I have **peace with God**

through our LORD Jesus Christ.

Amen!!!